



## Instructions for Use

### Blood Glucose Meter Model: A601, A608, A602, A606

- ▶ Before you start a test, please read the instructions for use carefully!
- ▶ Take note of warnings and cautions throughout this User Guide!

- hypoglycemia.
- If you follow the steps in this manual but still have symptoms that do not seem to match your test results, or if you have questions, talk to your healthcare professional.
- Do not rely on the results of the meter for changing your treatment method.
- The amount of glucose in alternate sites differs from person to person.
- Compare test results between of blood glucose test meter and biochemical analyzer

The meter is corrected with plasma correction method, which helps you and your healthcare professional to compare the test results. Due to the environment, human operation and so on, there is a slight error of the test results between of blood glucose test meter and biochemical analyzer. The following condition may lead to error of test result:

- After just finishing meal, the test result of fingertip blood glucose is higher than that of venous blood glucose. <sup>4</sup>
  - Hematokrit of user is higher than 55% or lower than 30%
  - User's body is dehydrated
  - Temperature of testing environment is too high or too low, please run the meter at 5~40℃ room temperature.
- To obtain the accuracy close to that of biochemical analyzer, please follow the recommendations:

- Before going to the hospital:  
Do not eat 8 hours before testing.  
Take the meter to lab.
- In hospital:  
Use the clean fingertip blood for testing.  
Test with the meter according to instructions for use

#### 9. How To Do the Test

##### 9.1 Prepare the Lancing Device Step 1

Wash hands and sample site with soap and warm water. Rinse and dry thoroughly.

Prepare the lancing device carefully according to the instructions of lacing device.

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#### 9.2 Prepare the Meter and Test Strip Step 2

Insert a test strip with the contact bars facing upwards into the meter's test strip port. Push the strip gently until the meter beeps. The symbol will flash on the screen.



Please check first of all that the device is complete and is not damaged in any way. In case of doubt, do not use and contact your supplier or your service centre.



Do not allow any foreign substances, such as dirt, blood or water, enter into the meter. The meter may be damaged or occur malfunction.



Do not apply the blood sample directly to the test strip port.



Do not apply the blood sample to the test strip while holding the meter in a way that the tip of the test strip faces upwards. The blood sample may run down the surface of the test strip and flow into the test strip port.



Do not store your meter in unsanitary or contaminated sites.

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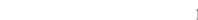
**Step 3**  
After inserting the test strip into test strip port, press Up Button and Down Button to select Pre-meal (), Post-meal (), or Quality Control testing.

#### 9.3 Apply Blood Sample Step 4

Obtain a blood sample using the lancing device carefully according to the instructions of the lancing device. Take blood glucose measurement immediately after the sample is obtained. If the blood in the fingertip is clotted, the blood sample should be obtained using the lancing device again to ensure that the capillary whole blood samples drawn from fingertip is fresh. A minimum volume of 0.7µL is needed to fill the absorbent hole.

**Step 5**  
After the symbol appears on the screen, apply the blood sample to the narrow end of the test strip till the meter beeps. If the absorbent hole is not filled in time due to abnormal viscosity (thickness and stickiness) or insufficient volume, the E-4 message will appear.

It is recommended that the application of blood sample to the test strip be performed virtually vertical to the sample site as shown in the diagram below.  
If there is too much sample at first time sampling, use alcohol cotton to wipe off the excess after the sample is obtained; if there is too little sample, gently press and rub to extract blood.



#### 1. Intended Use

Blood Glucose Meter is intended to be used for the quantitative measurement of glucose in fresh capillary whole blood drawn from the fingertips of adults. The device is intended for self-testing use by people with diabetes at home or their family member to monitor the effectiveness of diabetes control. It should not be used for the diagnosis of diabetes or for testing newborns. It is only intended for testing outside the body (in vitro diagnostic use).

#### 2. Test principle <sup>1</sup>

Glucose in the blood sample mixes with special chemicals in the test strip and a small electric current is produced. The strength of this current changes with the amount of glucose in the blood sample. Your meter measures the current, calculates your blood glucose level, displays the result, and stores it in its memory.

#### 3. Content of Package

- One kit contains:
- 1 x Test Meter
- 1 x Instruction for use



**Up button:** To increase beep volume; to view history record.  
**Down button:** To decrease beep volume; to view history record.  
**Home button:** To turn on or off the meter.



**Note:**  
(1) The meter may power off if the blood sample is not applied within 120 seconds of appearing on the screen.  
(2) If the meter powers off, remove the strip and reinsert it and apply blood sample after appears on the screen.

#### Step 6

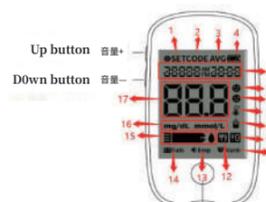
When the blood sample reaches to the narrow end of the test strip and the meter beeps, the display segments will rotate clockwise while the blood is going in. The test result will appear after the meter counts down from 5 to 1.  
The result will be automatically stored in the meter's memory. If the test strip is removed after the test result is displayed, the meter will automatically power off after 120 seconds.

#### Note:

- Results from alternate sites and fingertip samples may differ from each other as there is a time lag for the glucose levels to reach the same value. The Meter should be used only with fresh capillary whole blood samples drawn from fingertips.
- If the sample drop of blood runs or spreads due to contact with hair, do not use that sample. Try puncturing again in a smoother area.

#### 10. How To Read Results

(1) Symbol smiling face appears when the blood glucose level is in the range of normal values.



#### Test Meter Display:

No.	Symbol Description
1	<b>System setting:</b> appears when in set mode of Date, Beep Volume, Alarm or Blood Glucose Unit.
2	<b>Identification code: Identify blood glucose testing status</b>
3	<b>Average (AVG):</b> averages of 7 days, 14 days or 30 days
4	<b>Battery energy:</b> indicates meter battery is running low and needs to be replaced.
5	<b>Date:</b> On the left side, the second and third number displays months, fourth and fifth number displays day; On the right side, it displays time.
6	<b>Smiling face:</b> appears when the blood glucose level is in the range of normal values.
7	<b>Crying face:</b> appears when the blood glucose level is greater than the maximum normal value.
8	<b>Environment Temperature</b>
9	<b>Quality Control Solution Mode:</b> Appears when the control solution test results are saved or displayed.
10	<b>Post meal:</b> used for tests done after eating
11	<b>Alarm Setting:</b> Appears when setting alarm
12	<b>Pre-meal:</b> used for tests done before eating
13	<b>Beep Volume Setting:</b> Appears when setting beep volume
14	<b>Date Setting:</b> Appears when setting date
15	<b>Blood Insertion:</b> indicates meter is ready for the application of blood or control solution
16	<b>Blood Glucose Unit</b>
17	<b>Blood Glucose Test Value</b>



(2) Symbol crying face appears when the blood glucose level is greater than the maximum normal value and may indicate severe hyperglycemia (much higher than normal glucose levels); or when the blood glucose level is lower than minimum normal value and may indicate severe hypoglycemia (very low glucose levels).

Period	Normal values	
	mmol/L	mg/dL
Pre-meal	4.0~7.0	72~126
Post-meal	4.0~10.0	74~180



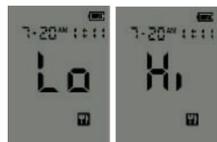
If crying face appears again upon retesting, please contact your healthcare professional immediately.



Please contact your authorised meter sales representative if crying symbol appears even though you do not have hyperglycemia or hypoglycemia.

#### 11. Lo and HI Message

The meter displays results between 1.0-33.3 mmol/L (20-600 mg/dL).  
Lo appears when the blood glucose level is lower than 1.0mmol/L (20 mg/dL); Hi appears when the blood glucose level is higher than 33.3 mmol/L (600 mg/dL).



#### 4. What Else You Need

- Blood Glucose Test Strips (Glucose oxidase method)
- Lancing device
- Sterile lancet
- Clear Cap

#### 5. Precautions

- For in vitro diagnostic use only.
- For self-testing only.
- Before using the meter, please consult your healthcare professional.
- Not to make any decision of medical relevance without first consulting his or her healthcare provider.
- Please review instructions for use of the meter, Blood Glucose Test Strips (Glucose oxidase method), lancing device and sterile lacer. For reliable results and to maintain the manufacturer's complete service, support, and warranty.
- The Meter should be used only with SA-102 Blood Glucose Test Strips (Glucose oxidase method) manufactured by AICARE.
- When the meter and test strips are not used, please store them in the package bag for safekeeping or carrying about.
- Do not let any liquid enter into the meter, and do not blow the meter with hair dryer.
- If your test result is below the normal values, consult a healthcare professional immediately.
- Inaccurate results may occur in severely hypotensive individuals or patients in shock. Inaccurate low results may occur for individuals experiencing a hyperglycemic-hyperosmolar state, with or without ketosis. Critically ill patients should not be tested with blood glucose meters.
- Inaccurate results may occur in patients undergoing oxygen therapy.
- The procedures should be followed precisely for accurate results.
- Damage due to vandalism will not be covered by the warranty.



#### 12. Targe Blood Glucose Ranges

Reminders	Your target ranges
Time of day	From your healthcare professional
Before breakfast	
Before lunch or dinner	
1 hour after meals	
2 hours after meals	
Between 2 a.m. and 4 a.m.	

**Expected Values <sup>2</sup>:** Normal blood glucose levels for an adult without diabetes are below 100 mg/dL (5.6 mmol/L) before meals and fasting and are less than 140 mg/dL (7.8 mmol/L) two hours after meals.  
<sup>3</sup>Fasting is defined as no caloric intake for at least eight hours.

#### 13. History Record

On Test Strip Insertion Page, press Up and Down button to view Post-meal or Pre-meal history or Quality Control test results (including blood glucose testing and quality control testing). The meter can save up to 500 glucose test results.



#### 14. Viewing Averages

The meter calculates and displays the averages of total test results, Pre-meal test results () , Post-meal test results () .

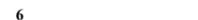


please do not try to disassemble, impact, throw away, fix, or alter the meter in any way.

- Use the meter carefully, heavy pressure or huge vibration may damage its internal electronic performance.
- The device will calibrate automatically, do not calibrate it manually.
- Blood glucose results can be displayed in either mg/dL or mmol/L. If you do not know which unit of measurement is correct for you, contact your healthcare professional. Using the wrong unit of measurement may cause misinterpretation of your actual blood glucose level and may lead to improper therapy.
- If your blood glucose result is displayed as LO or HI, contact your healthcare professional immediately.
- Protection impairment if used in a manner not specified by the manufacturer.

#### 6. Warning

- The Meter should be used only with fresh capillary whole blood samples drawn from fingertips.
- Do not reuse test strips.
- Do not use test strips and meter past the expiration date.
- Do not swallow.
- Choking hazard. Small parts. Keep the meter and testing supplies out of the reach of children.
- Keep your hand dry and clean before and during test.
- Do not use the equipment out of doors.
- Do not use the same device with other user. <sup>2,3</sup>
- Please take out the battery and keep properly if the meter is not used for a long time.
- Handle test strips and test meter, as well as install the battery only with clean and dry hands.
- For detailed storage and usage information of test strips, refer to the instructions for use of test strips.
- Warnings regarding EMC:**  
a) Use of this instrument in a dry environment, especially if synthetic materials are present (synthetic clothing, carpets etc.) may cause damaging electrostatic discharges that may cause erroneous results.

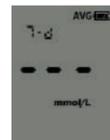


#### Viewing Averages Steps

On Test Strip Insertion Page, press Home button 1 time, to view Averages Page; Averages are recent 7-day, 14-day, and 30-day blood glucose average values (Not including quality control values), and 7-day average values display by default;



Press Up and Down button to switch time;  
Press Home button again to return Test Strip Insertion interface; If there is no testing of blood glucose in the set days, three cross bars will display.



#### 15. Setting

During powering off, long press Home button to enter into Setting mode;  
Symbol flashes when it is selected, press Home button to enter into set up mode, and press Up and Down button to switch the setting items;  
The sequence of items switched by Up and Down button is: Date Beep, Alarm Clock and Blood Glucose Unit (mg/dL or mmol/L). Long press Home button again to switch off the meter.



- Do not use this instrument in proximity to sources of strong electromagnetic radiation, as these may interfere with the proper operation.
- This equipment is designed for use in a HOME HEALTHCARE ENVIRONMENT. If it is suspected that performance is affected by electromagnetic interference, correct operation may be restored by increasing the distance between the equipment and the source of the interference.

#### 7. Disposing of Meter and Battery, Testing Supplies

If you need to throw your meter, battery and testing supplies away, you should follow existing policies and procedures of your own country or region. For information about correct disposal, please contact your local council or authority.



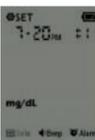
During blood glucose testing, the meter itself may come into contact with blood. Used meters therefore carry a risk of infection. Before disposing the meter, remove the battery or batteries.



Disposal the lancing devices and used strips properly in an appropriate container, to prevent any infection. Used test strips may be considered biohazardous waste in your area. Be sure to follow your healthcare professional's recommendations or local regulations for proper disposal.

#### 8. Limitations

- Blood glucose test strip (glucose oxidase method) can only use fresh fingertip whole blood drawn from fingertips, do not use venous whole blood, arterial whole blood, newborn whole blood, plasma or serum
- Extreme thirst or severe dehydration may result in coma or hypoglycemia during measurement. If you experience these symptoms, your blood glucose test value may be incorrect, please consult your specialist or medical professional immediately.
- Do not ignore the symptoms of hyperglycemia or



#### 15.1 Date Setting

During powering off, long press Home button to enter into Setting mode;  
Press Up and Down to select Date item, when Date symbol flashes, press Home button to enter Date setting mode;  
The sequence of setting items is:  
Year-Month-Day-Hour-Minute-12h/24h mode switch;  
Press Up and Down button to set the date, press Home button to confirm and enter into next setting item;



12h/24h mode: 12h mode displays AP/PM, 24h mode times by 24 hours;





After Date setting if finished, return to Setting Home Page, the Beep Setting will be selected automatically.



15.2 Beep Setting
Beep Setting status: On 1 (50% volume), On 2 (100% volume), Off (Shut down the volume);



Press Up and Down button to switch, press Home button to confirm and enter into next setting item;



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15.3 Alarm Clock Setting

Totally 4 alarm clocks can be set to alarm regularly every day; In Alarm Clock Setting Mode,



press Up and Down button to switch clock, press Home button to edit the selected clock;



On end page press Home button to end Alarm Clock Setting, return to Setting Home Page and Blood Glucose Unit Setting is selected;

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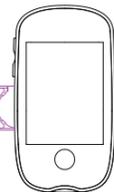
16. Battery energy

Symbol displays when residual battery energy is 100%~85%, and symbol displays when residual battery energy is 15%~0%.

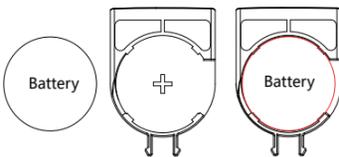


100%~85%, and symbol displays when residual battery energy is 15%~0%.

- How to install and change the batter
(1) Remove the battery from the device



- (2) pull out the old battery from the slot and pull in new battery to the slot (the backup)



- (3) Put the battery into the device

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There are two setting ways for Alarm Clock Setting:

- Select alarm clock -> Turn on alarm clock-> Set Hour-Minute -> Finish setting
Select alarm clock -> Turn off alarm clock -> Finish setting

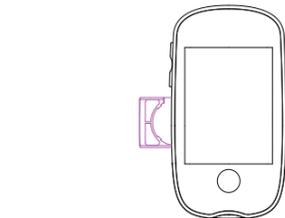


15.4 Blood Glucose Unit Setting

After Alarm Clock Setting ends, Blood Glucose Unit symbol is located to automatically and flashes; Enter into Blood Glucose Unit Setting page, press Up and Dow to select the unit (mg/dL or mmol/L), press Home button to confirm, return to Setting Home Page, the Date Setting symbol is located to all over again.



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17. Error Messages

Error displays in the middle of interface when the meter occur error.

Table with 3 columns: Code, Description, Method. Lists error codes E-1 through E-6 and Lo/Hi with their corresponding descriptions and troubleshooting methods.

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18. General Troubleshooting

Table with 2 columns: Problem, Troubleshooting. Lists common problems like blank display, test failure, and power supply issues with their respective solutions.

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19. Cleaning and Disinfecting

Use a soft cloth or tissue to wipe the meter exterior. If necessary, dip the soft cloth or tissue in a small amount of alcohol to disinfect the device. Do not use organic solvents such as benzene, acetone, or any household and industrial cleaners that may cause irreparable damage to the meter.

20. Maintenance

- Store and transport the meter as required in this instruction. Do not use the meter at high altitude. No special maintenance, don't let dirt, dust, blood, or other liquid enter the meter through test strips port or gap. Operating environment and condition

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Table with 2 columns: Testing environment, Blood volume ratio. Lists environmental conditions like temperature, humidity, and pressure.

21. Storage

- (1) Store at -10 °C to 40 °C and ≤80% humidity in a well ventilated room without any corrosive gas up to the expiration date. (2) Indoor use only. (3) Keep away from direct sunlight, moisture, heat, dust, high temperature, high humidity, violent vibration, and shock. (4) Strong electromagnetic radiation may interfere with the proper operation of the device.

22. Transportation

- (1) Transport at -10 °C to 40 °C and ≤80% humidity. (2) Keep away from direct sunlight, moisture, heat, dust, high temperature, high humidity, violent vibration and shock during transportation.

23. Quality Control

23.1 When to test with control solution

- If you suspect the meter and test strips are not working properly. If you have had repeated unexpected blood glucose results. If you drop or damage the meter.

23.2 How to test with control solution

Please use the control solution manufactured by our company, because using other control solution may generate other inaccurate results. Three rangers Level 0, Level 1, Level 2 are shown on the test strip vial label. Control Solution 1 is sufficient for most all self-testing needs.

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2 test. Follow the test procedure below to run a quality control test:

- Step 1: Take out one test strip out of the vial and put on the cap tightly. Note: Make sure the test strip is complete and in the shelf life. Step 2: Test according to the test method referenced from test meter. Step 3: Shake the bottle gently to make the quality control fluid is mixed well before open the bottle of quality control solution. Step 4: Squeeze a small drop of quality control solution onto a non-absorbent surface. Step 5: After the test strip absorbs quality control solution, the meter counts down from 5 to 1, and the test result appears.

Note: For confirmation of results, Control Solution 0 tests should fall within the Level 0 range, Control Solution 1 tests should fall within the Level 1 range, Control Solution 2 tests should fall within the Level 2 range.

Caution: If your quality control test result falls outside the control range shown on the test strip vial, do not use the meter and test strips to test your blood, as the system may not be working properly.

24. Performance Characteristics

24.1 Specifications

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Table with 2 columns: Measurement range, Sample volume, Test time, Sample type, Calibration, System reference, Measurement units, Day average, Auto-ejection of strip, Hematocrit (HCT) range, Shelf life of test strips, In-use stability of test strips, Code type, Assay method, Overvoltage category, Pollution degree of the intended environment, Battery life, Power.

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Table with 2 columns: Memory, Size, Weight, Operation Condition, Transport and Storage Condition, Clinical Study - AICARE Result vs. Roche Result, System Accuracy Results for Glucose Concentration, System Accuracy Results for Glucose Concentration < 100 mg/dL, System Accuracy Results for Glucose Concentration Between 46.8 mg/dL and 478.8 mg/dL.

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Table with 5 columns: level (mg/dL), Average, SD, CV. Includes sub-tables for Within Run Precision and Between Run Precision for Lot 1 and Lot 2.

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Table with 5 columns: level (mg/dL), Average, SD, CV. Includes sub-tables for Within Run Precision and Between Run Precision for Lot 1 and Lot 3.

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Table with 2 columns: Compound, Below the concentration does not affect the test value. Lists various compounds and their concentrations.

28

Table with 2 columns: Compound, Below the concentration does not affect the test value. Lists various compounds and their concentrations.

29

Table with 5 columns: Difference, A601, A608, A602, A606. Includes Warranty Card, Warranty Card, and Appearance sections.

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Table with 4 columns: EC REP, Authorized Representative, WEEE, Keep Dry, Consult Instructions for Use, Temperature Limitation, Caution, SN, Serial Number, Use-by Date, Biological Risks, Manufacturer, Date of Manufacture, In Vitro Diagnostic Medical Device, REF, Catalogue number, CE 0197, CE mark.

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